

September 2024

**CPD PORTFOLIO EVIDENCE**

Efficacy of exercise interventions on prevention of sport-related concussion and related outcomes: a systematic review and meta-analysis

September 2024

Source. BJSM [Efficacy of exercise interventions on prevention of sport-related concussion and related outcomes: a systematic review and meta-analysis](https://www.fmpa.co.uk/cpd/efficacy-of-exercise-interventions-on-prevention-of-sport-related-concussion-and-related-outcomes-a-systematic-review-and-meta-analysis/)

PODCAST - Surgical Management of Hamstring Injuries

September 2024. By: Professor Haddad interviewed by Dr Eleanor Trezise

Source. <https://www.fmpa.co.uk/podcasts/professor-haddad/>

The Effects of a 6-Week Plyometric and Sprint Interval Training Intervention on Soccer Player’s Physical Performance

September 2024

Source. <https://www.fmpa.co.uk/cpd/the-effects-of-a-6-week-plyometric-and-sprint-interval-training-intervention-on-soccer-players-physical-performance/>